



New York Yacht Club Race Week

At

Newport

Presented by Rolex

New York Yacht Club, Harbour Court, Newport, Rhode Island

July 16-25, 2004

SAILING INSTRUCTIONS

for

ONE DESIGN CLASSES

Sailing on July 23 - 25, 2004

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing for 2001-2004 (RRS) including prescriptions of US SAILING.
- 1.2 All yachts shall comply with the current 2004 - 2005 ISAF Offshore Committee Special Regulations, Category 4 including the prescriptions of US SAILING, except if Class Rules do not require storm sails then they may be omitted.
- 1.3 The Class rules of each One Design Class.
- 1.4 The Notice of Race.
- 1.5 The Sailing Instructions.
- 1.6 Any subsequent amendments.
- 1.7 For purposes of RRS 79 and Appendix 1, this regatta is designated Category A for yachts so classified by their class, rating system, national or international authority; and is designated Category C for yachts so classified by their class, rating system, national or international authority, with the additional restriction that no advertising is permitted for watches other than Rolex.

2. ENTRIES

Eligible yachts may be entered by completing registration with the Organizing Authority, which is the New York Yacht Club. Eligibility requirements for yachts are as indicated in the Notice of Race.

3. NOTICES TO COMPETITORS

Notices to competitors, including race results, amendments and protest hearing schedules, will be posted on the Official Notice Board located at the Sailing Office in the Carriage House at Harbour Court. Race results will also be posted on the NYYC website.

4. CHANGES IN SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the western yardarm of the Harbour Court flagpole.

- 5.2 Flag “AP” with two guns (one gun when lowered) means “The race is postponed. The warning signal will be made not less than 90 minutes after “AP” is lowered.” This modifies RRS Race Signals.
- 5.3 Signals designating rendezvous locations each day for each racing fleet will be displayed at 0900. Each fleet will rendezvous in the starting area indicated by a code flag beneath its fleet color flag. The Race Committee will announce the signals at that time over VHF Channel 72. Failure to announce will not be grounds for redress. This amends RRS 62.1(a). After the rendezvous locations and any other regatta announcements have been made, Race Committee Signal Boats will monitor and communicate with their respective fleets on the following VHF channels:

WHITE FLEET - Channel 77

GREEN FLEET - Channel 79

BLUE FLEET - Channel 72

5.4 Rendezvous locations

All locations are approximate and are in the vicinity of the stated position.

5.4.1 Locations on Rhode Island Sound (nm: nautical miles)

Area “A” - 1.2 nm at 160° from R “2” QR Whistle marking Brenton Point

Area “B” - 2.5 nm at 120° from R “2” QR Whistle marking Brenton Point

Area “C” - 2.0 nm at 225° from R “2” QR Whistle marking Brenton Point

Area “D” - 3.5 nm at 200° from R “2” QR Whistle marking Brenton Point

Area “E” - 2.5 nm at 165° from R “2” QR Whistle marking Brenton Point

Area “F” - 4.5 nm at 150° from R “2” QR Whistle marking Brenton Point

5.4.2 Locations in Narragansett Bay:

Area “M” - R “12” off Rose Island

Area “R” - 0.5 nm at 200° from Halfway Rock

Area “S” - RG Nun South of Prudence Island

Area “T” - G “7” QG off Quonset Point

Area “U” - C “1” Northeast of Hope Island.

Area “V” - C “5” 1.0 nm at 290° from Pine Hill Point on Prudence Island

Area “W” - G “1” 0.9 nm Southwest of Hog Island

- 5.5 The Race Committee Signal Boat for each fleet will display its fleet flag of corresponding color while proceeding to the rendezvous area. It will also display the fleet flag along with Flag “L” if it changes location after the initial rendezvous has taken place.
- 5.6 In the event there is racing in the Narragansett Bay, competitors should be aware of heightened security around the Navy base. A security zone exits from the Naval War College to the breakwater North of Piers 1 and 2 and is marked by a series of white buoys. Yachts shall not sail inside the line defined by these buoys.

6. **SCHEDULE**

It is the intent of the Race Committee to run up to four races a day. The schedule is as follows:

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Activity</u>
Thursday	22 July	1200 – 1800 1800	Registration and Weigh-in Captains’ Meeting and Reception
Friday	23 July	0800 1055 1100	Regatta desk open and Weigh-in Course Signals First warning signal, subsequent races to follow
Saturday	24 July	1055 1100	Course Signals First warning signal, subsequent races to follow
Sunday	25 July	1055 1100	Course Signals First warning signal, subsequent races to follow Awards to follow racing

No warning signal will be made after 1500 on Sunday.

7. FLEETS, CLASSES AND CLASS FLAGS

- 7.1 Yachts will be divided into fleets by the Organizing Authority. Fleets will be described on scratch sheets posted on the Official Notice Board and issued at registration. Each fleet will have a designated Racing Circle and VHF Channel. There will be up to three fleets. Each fleet will rendezvous in a separate area. Fleets will be designated by colors white, green and blue (See 5.3).
- 7.2 Within each fleet, yachts will be divided into classes. Each yacht shall race in the fleet and class to which it is assigned on the scratch sheets. These sheets shall also assign a numerical designation for each class. Class assignments will be distributed at registration and posted on the Official Notice Board and appear on the NYYC website.
- 7.3 Each yacht shall display from her backstay, approximately, six feet above the deck, the numeral pennant corresponding to her class designation. The numeral pennant shall be displayed prior to the warning signal of the first class to start and shall remain in position while racing. Each yacht shall affix the bow stickers supplied by the Organizing Authority to each side of her bow; the forward edge of the bow stickers shall be within three feet of the bow. While traveling to and from the racing area ALL yachts shall display the sponsor flag provided from her starboard shroud.

8. CHECK-IN AND RETIREMENT

Prior to the first warning signal, all yachts shall check-in with the Race Committee Signal Boat by passing astern on starboard tack and announcing their sail number. The Race Committee will acknowledge by responding with the number heard. Yachts retiring shall inform the Race Committee on the VHF channel for their fleet or by calling the Sailing Office (401) 845-9633.

9. COURSES

- 9.1 Courses are illustrated in Appendix 1.
- 9.2 Course “W” is a windward/leeward course with a windward offset mark. A numeral pennant indicating the number of **LEGS** to be raced will be flown beneath Flag “W”. The distance between the windward mark and the offset mark shall not be counted as a leg.
- 9.3 Course “O” is a triangle/windward/leeward/windward course.
- 9.4 The leeward mark for courses “W” and “O” will be an inflatable buoy set approximately 0.20 nm to windward of the starting line.
- 9.5 The distance and bearing to the first mark will be signaled using numeral pennants. If displayed from a hoist, the top two pennants will designate the miles and decimal miles to the first mark; the bottom three will designate the bearing. If displayed using poles, the two pennants designating distance to the first mark will be flown forward of the three pennants designating the magnetic bearing. Marks, including the windward offset mark, shall be left to port.
- 9.6 If Flag “G” is displayed on the Race Committee Signal Boat, a gate mark will be set as the leeward mark. Yachts shall sail between mark “S” and mark “P” from the direction of the last mark and round either mark “S” to starboard or mark “P” to port, as illustrated in Appendix 1.

10. MARKS

White Fleet	Yellow Rolex	Tetrahedrons
Green Fleet	Orange Rolex	Tetrahedrons
Blue Fleet	Yellow Rolex	Tetrahedrons

Offset marks will be small orange inflatable buoys.

11. THE START

- 11.1 Races will be started in accordance with RRS 26, with classes starting at 5 minute intervals in the order listed in the scratch sheets.

Sequence

1055	Course Signals
1100	Warning for First Class to start
1101	Preparatory First Class to start
1105	Start; First Class Warning for Second Class to start
1106	Preparatory Second Class to start
1110	Start; Second Class Warning for Third Class to start
1111	Preparatory Third Class to start
1115	Start; Third Class to start Warning for Fourth Class to start and so forth until all classes have started.

- 11.2 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the port end starting mark. The Race Committee may deploy a “Keep-Off” buoy astern. This buoy shall be considered an integral part of the Race Committee Signal Boat for the purpose of RRS 31.
- 11.3 Yachts whose warning signal has not been made shall keep clear of the starting area.
- 11.4 Any yacht not starting within 10 minutes of her starting time shall be scored Did Not Start (DNS). This modifies RRS A4.1

12. CHANGE OF COURSE AFTER THE START

- 12.1 In the event of a wind shift after the race has started, the Race Committee may move the marks and change distances for subsequent legs. The Race Committee will attempt to announce any course change on their respective VHF channel.
- 12.2 The new mark will carry a black band. Any mark to be rounded after the new mark may be relocated without further signaling to maintain the original course configuration. For a subsequent change the new mark will be replaced by an original mark without a black band, and so forth.

13. THE FINISH

- 13.1 The finish line will be between a staff displaying an orange flag on a Race Committee Signal Boat and the course side of the nearby mark.
- 13.2 For Course “W” with an odd number of legs, the finish line will be located 0.2 nm to windward of the windward mark. For Course “W” with an even number of legs, the finish line will be located 0.2 nm to leeward of the leeward mark/gate. The Race Committee Boat shall be left to starboard as illustrated in Appendix 1.
- 13.3 Boats approaching a windward finish line may ignore the windward mark. Boats approaching a downwind finish line may ignore the leeward mark/gate.
- 13.4 Subsequent Race - If a subsequent race is to be sailed, the finish line Race Committee Boat will fly Flag “Second Repeater” below the Blue “On Station” Flag.

14. INDIVIDUAL RECALLS

In addition to the requirements of RRS 29.1 the Race Committee will endeavor to hail each premature starter on the fleet channel VHF; this amends RRS 29.2. Failure on the part of the Race Committee to hail each premature starter shall not relieve a yacht of her obligation to start correctly.

15. PENALTY SYSTEM

- 15.1 A yacht that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident by taking a “720° Turns Penalty” in compliance with RRS 44.2, or by taking a Scoring Penalty in accordance with RRS 44.3. This modifies RRS 44.1
- 15.2 When RRS 44.2 is elected, infringing yachts shall notify the Race Committee immediately after finishing and identify the other yacht involved. This modifies RRS 44.2. If RRS 44.3, “Scoring Penalty”, is elected, infringing yachts will also be required to file a penalty Flag “Q” acceptance form with the Jury Secretary at the Carriage House, in addition to RRS reporting requirements. This modifies RRS 44.3 (a). The penalty flag acceptance form must be filed within one hour after the Fleet Race Committee Boat docks. Flag “I” is acceptable as a yellow flag. This modifies RRS 44.3(a)

16. TIME LIMIT

The time limit will be 2.5 hours for each class for each race, however, yachts failing to finish within 30 minutes after the first yacht in their class sails the course and finishes will be scored “TLE” (Time Limit Expired). This modifies RRS 35 and A11.

17. PROTESTS

- 17.1 A yacht’s intention to protest shall be signified to the Race Committee on the fleet VHF channel at the finish of the race and be acknowledged by the Race Committee. This modifies RRS 61.1(a).
- 17.2 Protest forms will be available at the Sailing Office. Written protests shall be submitted to the Jury Secretary at the Sailing Office as soon as possible, but not later than one hour after the respective fleet Race Committee Signal Boat docks. The protest time limit for each fleet will be posted on the official notice board.
- 17.3 Protest notices will be posted as soon as possible. Protest hearings will start as soon as possible after the notices are posted. The Jury will attempt to hear protests in the order of receipt. Representatives of yachts who are parties to a hearing shall remain on call in the vicinity of the protest rooms.
- 17.4 When a yacht has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any yacht to appear when called for a hearing will be considered by the Jury as grounds for proceeding under RRS 63.3 (b).
- 17.5 RRS 63.5 is modified by adding, "A protest involving contact may be heard by the Jury even though the requirements of RRS 61.1 (a) and 61.3 have not been fulfilled."
- 17.6 Protests filed under rules other than the Rules of Part 2 or ISAF Offshore Special Regulations for 2004-2005 for Category 4 may result in penalties decided at the sole discretion of the Jury. This modifies RRS 64.1 (a).

18. SCORING

- 18.1 Appendix A, Low Point System, will apply except that .75 points will be awarded for 1st place. This modifies RRS A4.1. Each yacht's series score will be the total of her race scores; if more than seven races are completed, her worst score will be excluded. This modifies RRS A2. The lowest series score wins. Ties will be broken in accordance with A8. (Competitors should be aware that the ISAF, effective May 31, 2002, has changed Appendix A8 - Series Ties. Rule A8.2 is deleted and Rule A8.3 is renumbered as A8.2.)
- 18.2 Yachts failing to finish within the time limit shall be scored TLE (time Limit Expired), by the Race Committee without a hearing. These yachts will score points equal to the number of yachts that have sailed the course and finished within the time limit, plus 2 points. This changes RRS A4.1, A4.2, A5 and A11.
- 18.3 Three races shall be completed to constitute a series.
- 18.4 One Design classes will be scored level.

19. RADIO COMMUNICATION

A yacht shall neither make nor receive radio/telephone nor any other communications not available to all yachts while racing.

20. HAUL-OUT RESTRICTIONS

Yachts shall not be hauled out during the regatta except with written permission of the jury.

21. GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side, except for safe navigation. All government marks mentioned in these instructions are subject to changes in characteristics and exact location as listed in "U.S.C.G. Local Notice to Mariners" since June 29 2004 (NTM 25-04)

22. PRIZES

Daily and series prizes will be awarded in accordance with the Notice of Race. Daily prizes will be awarded at Harbour Court each evening at the end of racing. Series prizes will be awarded at an Awards Ceremony on Sunday, July 25, 2004 at Harbour Court immediately following racing.

23. NOTES

- 23.1 Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right-of-way over a vessel under power, which may be restricted in her ability to maneuver.
- 23.2 All times herein are Eastern Daylight time. Bearings are in degrees magnetic and are approximate. Distances used herein are expressed in nautical miles and are approximate.
- 23.3 In the event that life saving equipment is lost overboard, it should be retrieved. If recovery is impossible, loss of any equipment that floats shall be reported immediately to the Race Committee and the nearest U. S. Coast Guard station, on VHF 16.

RACE COMMITTEE

John Mendez – Race Committee Chair

Nicholas Gumprecht – PRO

Roger Fortier, Jr - PRO

William Waggoner - PRO

Robert Armknecht
George Babcock
Dorothea Chesebrough
Richard Chesebrough
David Crawford
Linda Delaney
Thomas Delaney
Paul Eddy
Jerry Fand
Albert Field, Jr
Ingrid Flynn

Thomas Flynn
Arthur Fox
William Foster
Megan Gibbs
Geoffrey Grout
Charlie Gustin
Timothy James
Andrew Kennedy
Hugh Moore
David Morse
Dorothea Myles

John Myles
Carol O'Malley
Ellyn Osmond
John Osmond
Raymond Perry
Eric Richards
Harald Rosengren
Samuel Wakeman
Nancy Waggoner
Brian Welch

JURY

Robert Conner – Chair

John Bonds

Daniel Davis

Noel Field

Peter Gerard

Richard Gumpert

John Osmond

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