



New York Yacht Club Race Week

At

Newport

Presented by Rolex

New York Yacht Club, Harbour Court, Newport, Rhode Island

July 16-25, 2004

SAILING INSTRUCTIONS

For The

DISTANCE RACE

IMS, PHRF & 12 METRE

Sailing on July 21, 2004

1. RULES

- 1.1 This Regatta will be governed by the Racing Rules of Sailing for 2001-2004 (RRS), including the prescriptions of US SAILING.
- 1.2 The 2004 IMS Rules and Regulations including the prescriptions of US SAILING.
- 1.3 The Performance Handicap Racing Fleet (PHRF) regulations of the YRA of LIS.
- 1.4 Twelve Metre yachts will be governed by their by-laws and regulations as of November 11, 2000. Racing shall be under The International 12 Metre Class Rule conformed to ISAF regulations effective January 1, 2003 and any subsequent amendments. Except for owners, ISAF Classification group 2 and group 3 competitors are prohibited from steering while racing except in the case of an emergency.
- 1.5 All yachts shall comply with the current 2004 - 2005 ISAF Offshore Committee Special Regulations, Category 4 including the prescriptions of US SAILING; except that classic yachts sailing in the classic division and 12M yachts which do not have lifelines are exempt from section 3.14 of the regulations concerning lifelines.
- 1.6 The Notice of Race.
- 1.7 The Sailing Instructions.
- 1.8 Any subsequent amendments as issued.
- 1.9 For purposes of RRS 79 and Appendix 1, this regatta is designated Category A for yachts so classified by their class, rating system, national or international authority; and is designated Category C for yachts so classified by their class, rating system, national or international authority, with the additional restriction that no advertising is permitted for watches other than Rolex.

2. ENTRIES

Eligible yachts may be entered by completing registration with the Organizing Authority, which is the New York Yacht Club. Eligibility requirements for yachts are as indicated in the Notice of Race.

3. NOTICES TO COMPETITORS

Notices to competitors, including race results, amendments and protest hearing schedules, will be posted on the Official Notice Board located at the Sailing Office in the Carriage House at Harbour Court. Results will also be posted on the NYYC website.

4. CHANGES IN SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the western yardarm of the Harbour Court flagpole.
- 5.2 Flag “AP” with two guns (one gun when lowered) means “The race is postponed. The warning signal will be made not less than 90 minutes after “AP” is lowered.” This modifies RRS Race Signals.
- 5.3 Signals designating the rendezvous location will be displayed at 0900. Yachts will rendezvous in the starting area indicated by the code flag displayed. The Race Committee will announce the signals at that time over marine VHF Channel 72. Failure to announce will not be grounds for redress. This amends RRS 62.1(a). After the rendezvous location and any other regatta announcements have been made, race committee signal and support boats will monitor VHF Channel 72.
- 5.4 Rendezvous locations

All locations are approximate and are in the vicinity of the stated position.

- 5.4.1 Location on Rhode Island Sound (nm: nautical miles):
Area “A” - 1.2 nm at 160° from R “2” QR Whistle marking Brenton Point
- 5.4.2 Location in Narragansett Bay:
Area “M”- R “12” off Rose Island
- 5.5 The Race Committee Signal Boat may display Flag “L”, if it changes location after the initial rendezvous has taken place.
- 5.6 In the event there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base. A security zone exits from the Naval War College to the breakwater North of Piers 1 and 2 and is marked by a series of white buoys. Yachts shall not sail inside the line defined by these buoys.

6. SCHEDULE OF RACE

The schedule is as follows:

| <u>Day</u> | <u>Date</u> | <u>Time</u> | <u>Activity</u> |
|------------|-------------|-------------|-----------------|
| Wednesday | 21 July | 1055 | Course Signals |
| | | 1100 | First Warning |

7. CLASSES AND CLASS FLAGS

- 7.1 Yachts will be divided into classes by the Organizing Authority. Each yacht shall race in the class, to which it is assigned on the scratch sheets. These sheets shall also assign a numerical designation for each class. Class assignments will be distributed at registration and posted on the Official Notice Board and appear on the NYYC website.
- 7.3 Each yacht shall display from her backstay, approximately but no less than, six feet above the deck, the numeral pennant corresponding to her class designation. The numeral pennant shall be displayed prior to the warning signal of the first class to start and shall remain in position while racing. Each yacht, with the exception of Classic and 12M yachts, shall affix the bow stickers supplied by the Organizing Authority to each side of her bow; the forward edge of the bow stickers shall be within three feet of the bow. While traveling to and from the racing area ALL yachts shall display the sponsor flag provided from her starboard shroud.

8. CHECK-IN AND RETIREMENT

Prior to the first warning signal, all yachts shall check-in with the Race Committee Signal Boat by passing astern on starboard tack and announcing their sail number. The Race Committee will acknowledge by responding with the number heard. Yachts retiring shall inform the Race Committee on the VHF channel for their fleet or by calling the Sailing Office (401) 845-9633.

9. COURSES

9.1 The flag(s) designating the course to be sailed will be flown at the time of course signals.

9.2 **Course “G”** - R “2” Lf R 4 sec Whistle, 2.4 nm South of Point Judith.....to port
RW “NB” Fl 4 sec Mo (A) Lighted Whistle Buoy, 4 nm South of Beavertail Point...to port
Finish off Fort Adams

9.3 **Course “H”** - R “2” Fl R 4 sec Whistle, 2.4 nm South of Point Judithto port
RW “SR” Mo (A) Whistle, SW Sakonnet Point.....to port
RW “NB” Fl 4 sec Mo (A) Lighted Whistle Buoy, 4 nm South of Beavertail Point....to starboard
Finish off Fort Adams

9.4 **Course “J”** - G “1BI” Fl G Bell at Block Island North Reef..... to port
Finish off Fort Adams

9.5 **Course “K”** - R “2” QR Whistle marking Brenton Pointto port
Buzzards Bay Entrance Light.....to port
R “2” QR Whistle marking Brenton Point.....to starboard
Finish off Fort Adams

9.6 **Course “C”** - Around Conanicut Island
RG “NR” Bell 650 yards Southwest of Beavertail Point to starboard.
GC “5” 1250 yards NW of Conanicut Point to starboard
R “2” Fl R 4 sec Bell 900 yards Northeast Conanicut Point .. to starboard.
Finish off Fort Adams

9.7 **Course “CP”** - Around Conanicut and Prudence Islands
RG “NR” Bell 650 yards Southwest of Beavertail Pointto starboard.
R “8” Fl R Bell off Northwest Point on Patience Island.
RG N 1100 yards North of Providence Point on Prudence Island.
G “1” 0.9 nm Southwest of Hog Island.
C “27” off Sandy Point on Prudence Island.
Finish off Fort Adams

9.8 **For Courses “C” & “CP”** – G “11” and G “9” off the Dumplings are to be passed on their easterly side. Dutch Island in the West Passage and R “12” off Rose Island in the East Passage are to be passed on their westerly side. Passage under the Jamestown to North Kingstown and Newport to Jamestown bridges shall be made under the center span of each bridge.

9.9 Code Flag “R” displayed below a course signal means sail the course in the opposite direction.

10. SPECIAL MARK

Special Mark “V” - The Race Committee may add a new first mark to any course. This will be signaled by displaying Flag “V”, in this event the Course to such mark will be signaled using numeral pennants. If signaled using a hoist, the top two pennants will designate miles and decimal miles to the first mark; the bottom three will designate the bearing in degrees magnetic. If signaled using poles the two pennants designating distance to the first mark will be flown forward of the three pennants designating the magnetic bearing. This mark is to be rounded so that the rhumb course to the next mark will not cross the rhumb course from the start. The original first mark then becomes the second mark and so on. If this mark is used, results will be calculated based on the actual new distance as determined by the Race Committee.

11. THE START

- 11.1 Races will be started in accordance with RRS 26, with classes starting at 5 minute intervals in the order listed in the scratch sheets.

Sequence

| | |
|------|--|
| 1055 | Course Signals |
| 1100 | Warning for First Class to start |
| 1101 | Preparatory First Class to start |
| 1105 | Start; First Class Warning for Second Class to start |
| 1106 | Preparatory Second Class to start |
| 1110 | Start; Second Class Warning for Third Class to start |
| 1111 | Preparatory Third Class to start |
| 1115 | Start; Third Class to start Warning for Fourth Class to start and so forth until all classes have started. |

- 11.2 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the port end starting mark. The Race Committee may deploy a “Keep-Off” buoy astern. This buoy shall be considered an integral part of the Race Committee Signal Boat for the purpose of RRS 31.
- 11.3 Yachts whose warning signal has not been made shall keep clear of the starting area.
- 11.4 Any yacht not starting within 10 minutes of her starting time shall be scored Did Not Start (DNS). This modifies RRS A4.1

12. THE FINISH

- 12.1 The finish line will be between the Fl R 6 sec Horn “2” on the northern point of Fort Adams and a staff displaying an orange flag on a nearby Race Committee Boat.
- 12.2 In fog at the finish, the Race Committee Boat may ring a bell rapidly, for approximately 5 seconds, at intervals. The same Race Committee Boat may or may not start and finish the race.

13. INDIVIDUAL RECALLS

In addition to the requirements of RRS 29.1 the Race Committee will endeavor to hail each premature starter on the fleet channel VHF; this amends RRS 29.2. Failure on the part of the Race Committee to hail each premature starter shall not relieve a yacht of her obligation to start correctly.

14. PENALTY SYSTEM

- 14.1 A yacht that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident by taking a “720° Turns Penalty” in compliance with RRS 44.2, or by taking a Scoring Penalty in accordance with RRS 44.3. This modifies RRS 44.1
- 14.2 When RRS 44.2 is elected, infringing yachts shall notify the Race Committee immediately after finishing and identify the other yacht involved. This modifies RRS 44.2. If RRS 44.3, “Scoring Penalty”, is elected, infringing yachts will also be required to file a penalty flag (“Q”) acceptance form with the Jury Secretary at the Carriage House, in addition to RRS reporting requirements. This modifies RRS 44.3 (a). The penalty flag acceptance form must be filed within one hour after the Fleet Race Committee Signal Boat docks. Flag “I” is acceptable as a yellow flag. This modifies RRS 44.3(a)

15. TIME LIMIT

The time limit will be 1800 plus the amount of time her class started behind the class starting first

16. PROTESTS

- 16.1 Intention to protest shall be signified to the Race Committee on the fleet VHF channel at the finish of the race and be acknowledged by the Race Committee. This modifies RRS 61.1(a).

- 16.2 Protest forms will be available at the Sailing Office. Written protests shall be submitted to the Jury Secretary at the Sailing Office as soon as possible, but not later than one hour after the Race Committee Signal Boat docks. The protest time limit for each fleet will be posted on the official notice board.
- 16.3 Protest notices will be posted as soon as possible. Protest hearings will start as soon as possible after the notices are posted. The Jury will attempt to hear protests in the order of receipt. Representatives of yachts who are parties to a hearing shall remain on call in the vicinity of the protest rooms. This is the notice required by RRS 63.2.
- 16.4 When a yacht has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any yacht to appear when called for a hearing will be considered by the Jury as grounds for proceeding under RRS 63.3 (b).
- 16.5 RRS 63.5 is modified by adding "A protest involving contact may be heard by the Jury even though the requirements of RRS 61.1 (a) and 61.3 have not been fulfilled."
- 16.6 Protests filed under rules other than the Rules of Part 2 or ISAF Offshore Special Regulations for 2004-2005 for Category 4 may result in penalties decided at the sole discretion of the Jury. This modifies RRS 64.1 (a).

17. SCORING

- 17.1 Appendix A, Low Point System, will apply except that .75 points will be awarded for 1st place. This modifies RRS A4.1. Lowest score wins.
- 17.2 Ties shall be broken in accordance with RRS A7.
- 17.3 Yachts failing to finish within the time limit shall be scored TLE (time Limit Expired), by the Race Committee without a hearing. These yachts will score points equal to the number of yachts that have sailed the course and finished within the time limit plus 2 points. This changes RRS A4.1, A4.2, A5 and A11.
- 17.4 IMS - IMS Performance Curve Scoring will be used.
- 17.5 PHRF time allowances in seconds per mile will be as determined by the YRA of LIS.
- 17.6 The 12 Metre class will be scored level.

18. RADIO COMMUNICATION

A yacht shall neither make nor receive radio/telephone nor any other communications not available to all yachts while racing.

19. HAUL-OUT RESTRICTIONS

Yachts shall not be hauled out during the regatta except with written permission of the jury.

20. GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side, except for safe navigation. All government marks mentioned in these instructions are subject to changes in characteristics and exact location as listed in "U.S.C.G. Local Notice to Mariners" since June 29, 2004 (NTM 25-04).

21. PRIZES

Prizes will be awarded in accordance with the Notice of Race on the evening of Wednesday, July 21 at Harbour Court, following racing.

22. NOTES

- 22.1 Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 22.2 All times herein are Eastern Daylight time. Bearings are in degrees magnetic and are approximate. Distances used herein are expressed in nautical miles and are approximate.
- 22.3 In the event that life saving equipment is lost overboard, it should be retrieved. If recovery is impossible, loss of any equipment that floats shall be reported immediately to the Race Committee and the nearest U. S. Coast Guard station, on VHF 16.

RACE COMMITTEE

John Mendez – Race Committee Chair

Richard Thursby– PRO

Robert Armknecht

Dorothea Chesebrough

Richard Chesebrough

Paul Eddy

Jerry Fand

Albert Field, Jr

Lincoln Jewett

Ellyn Osmond

Raymond Perry

William Waggoner

Brien Welch

JURY

Robert Conner – Chair

John Bonds

Noel Field

Peter Gerard

Richard Gumpert

John Osmond

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