



Saturday, June 6, 2009
hosted by the New York Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 **Check-in:** Each yacht shall register at the check-in desk at New York Yacht Club Sailing Center prior to racing at the times so designated in the notice of race.
- 1.3 **Crew Waiver:** No crew shall be aboard a yacht while racing unless he/she has executed a Crew Waiver Form. The Crew Waiver Forms are available on the event website and will be available at check-in. Registration will not be complete without receipt of a complete Crew Waiver Form.
- 1.4 The Protest Committee may impose suitable penalties, other than disqualification, for violations of non-Part 2 rules. This changes RRS 64.1.

2 ENTRIES

Eligible yachts shall enter on-line at http://www.leukemia-lymphoma.org/regatta/all_page?item_id=94249.

3 CLASSES AND IDENTIFICATION

- 3.1 The Organizing Authority will divide yachts into classes and assign a numeral designation for each class. Yachts shall display the numeral pennant corresponding to her class designation from her backstay, approximately six feet above the deck, or if no backstay, from her starboard shroud.
- 3.2 The scratch sheets will be distributed at check-in, posted on the Official Notice Board and posted on the regatta website.

4 NOTICES, COMPETITOR INFORMATION AND SIGNALS MADE ASHORE

- 4.1 Notices, including race results, amendments and protest hearing schedules, will be posted on the Official Notice Board located in the courtyard of the NYYC Sailing Center at Harbour Court.
- 4.2 Flag signals will be flown from the western side of the yardarm of the flagpole at Harbour Court.
- 4.3 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Flag "Lima" will be flown to signify such posting.
- 4.4 When Pennant "AP" is displayed ashore, "one minute" is replaced with "not less than one hour" in Race Signal "AP".
- 4.5 The Race Committee will communicate on VHF Channel 72

5 SCHEDULE OF RACES

- 5.1 The scheduled time for the course signals is 1155 and the warning signal is 1200 for the first class. For a subsequent race, if any, the course signals will be made five minutes prior to the warning signal.
- 5.2 No warning signal shall be made after 1500.

6 RENDEZVOUS LOCATION

Rendezvous in the vicinity of R "12" west of Rose Island (mark 'S' on the 2009-2012 South Bay Race Chart).

7 CHECK-IN AND RETIREMENT

- 7.1 Prior to the warning signal for the first race each day, all yachts shall check-in with the Race Committee Signal Boat by passing astern on Starboard Tack and announcing their sail number. The Race Committee will acknowledge.
- 7.2 Yachts retiring are requested to inform the Race Committee on the water, on their Course VHF channel or by calling the NYYC Sailing Office at (401) 845-9633.

8 THE COURSES

Special courses will be designated using buoys as described on the 2009-2012 South Bay Race Chart provided at registration and attached to these sailing instructions. (Note: Predetermined courses from the back of the South Bay Race Chart will not be used.)

- a) The Race Committee will list the marks on a white board in the order to be rounded and the required side to leave the mark using the designations on the 2009-2012 South Bay Race Chart.
- b) Special Mark "U"
- The Race Committee may add an inflatable first mark to any course by displaying flag "U".
 - If "U" is used, there will be either a Green or Red flag displayed below "U" to designate the direction to be rounded. Mark "U" is to be rounded either to STARBOARD (Green flag below "U"), or to PORT (Red flag below "U").
 - Special Mark "U" will be positioned approximately 0.5 NM to windward from the RC signal boat.
 - Mark "U" will be an inflatable YELLOW tetrahedron buoy.
- c) The course will be:
- Start
 - Special Mark "U" if used
 - Round the marks in the designated order leaving each mark to the designated side
 - Finish
- d) The finishing mark will be on the opposite side of the Race Committee Signal Boat from the starting mark.

9 MARKS

- 9.1 Mark "U", if used, will be an inflatable YELLOW tetrahedron buoy. The starting mark will be an inflatable YELLOW tetrahedron buoy. The finishing mark will be an inflatable ORANGE tetrahedron buoy.
- 9.2 Special NYYC Temporary Inflatable Race Marks 16 and 17 as designated on the 2009-2012 South Bay Race Chart, if used, will be inflatable ORANGE tetrahedron buoys. Mark 16 is located at 41° 33.000' N; 071° 21.333' W north of Gould Island near Conanicut Island. Mark 17 is located at 41° 33.000' N; 071° 19.000' W north of Gould Island toward Aquidneck Island.

10 THE START

- 10.1 Races will be started in accordance with rule 26, with classes starting at "5-minute" intervals.
- 10.2 The Race Committee may postpone briefly to change the course for subsequent classes.
- 10.3 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the port-end starting mark. The Race Committee may deploy astern a "Keep Off" buoy that shall be considered an integral part of the Race Committee Signal Boat.
- 10.4 Yachts whose warning signal has not been made shall keep clear of the starting area.
- 10.5 Sample sequence:
- | | |
|------|---|
| 1155 | Course Signals |
| 1200 | Warning for first class |
| 1201 | Preparatory for first class |
| 1205 | Start for first class, Warning for second class |
| 1206 | Preparatory for second class |
| 1210 | Start for second class, Warning for third class |
| 1211 | Preparatory for third class |
| 1215 | Start for third class, etc. |

11 INDIVIDUAL RECALLS

The Race Committee will endeavor to hail each premature starter over VHF channel 72. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).

12 THE FINISH

- 12.1 The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the finishing mark. The finishing mark will be on the opposite side of the Race Committee Signal Boat from the starting mark.
- 12.2 If a subsequent race is to be sailed, the finish line Race Committee Boat will fly Pennant "Second Substitute" with the Blue On-Station Signal at the finish. If a Class Flag is displayed below Pennant "Second Substitute" the subsequent race is for that division(s) only.

13 PENALTY SYSTEM

A boat that may have broken a rule of Part 2 while racing may take a penalty by taking one turn, including one tack and one gybe, that, in all other respects, complies with rule 44.2. This changes rules 44.1 and 44.2

14 TIME LIMIT

The time limit to sail the course and finish is four hours.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 In view of the purpose of this regatta, protests are discouraged.
- 15.2 Intention to protest and the yacht being protested shall be signified to the Race Committee at the finish of a race until acknowledged by the Race Committee. This changes rule 61.1(a).
- 15.3 Written protests or requests for redress shall be submitted to the NYYC Sailing Center as soon as possible, but not later than one hour after the Race Committee Signal Boat has docked. The time limit for filing a protest will be posted on the Official Notice Board.
- 15.4 Protests will be heard at the NYYC Sailing Center as soon as possible after the protest time limit. The protest committee will attempt to hear protests in the order of receipt.

16 SCORING

- 16.1 If more than one race is held, there will be no discard race. This changes rule A2.
- 16.2 One race is required to be completed to constitute a series.

17 PRIZES

Prizes will be awarded at the Saturday barbeque to the first place yacht in each class. Prizes will also be awarded to the second and third place yachts in a class if there are four or more entries.

18 NOTES

- 18.1 Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and vessels in the navigation channel restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.
- 18.2 Competitors should be aware of heightened security around the Navy base in Newport just to the north of the Newport Jamestown Bridge. The area to the east of a line defined by a series of white buoys marking the Newport Security Zone along the coast of the Naval Facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove shall rank as an obstruction. Yachts shall not enter this area. A Navy patrol boat monitors the area and vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.

18.3 Newport Tides

Day	Date	High Tide	Low Tide
Saturday	June 6	0734	1235

- 18.4 For further information please contact: New York Yacht Club, Harbour Court
5 Halidon Avenue; Newport, RI 02840
Tel: 401/845-9633, Fax: 401/846-3303
email: sailingoffice@nyyc.org



2009-2012 South Bay Race Chart (Draft) Narragansett Bay, RI

60 Fort Adams Dr., Newport, RI 02840
Office 401-846-1983

www.sailnewport.org

ORGANIZATION	VHF #	PHONE (RI) Area Code
Coastline Hrbr. Navy YC	VHF 00	841-3283
Ide Lewis YC	VHF 7&A	846-1060
Jamestown YC	VHF 72	841-8480
Museum of Yachting		847-1018
Naval Station Marina	VHF 00	841-3283
Newport YC	VHF 7&A	846-0410
New York YC	VHF 74	846-1000
Newport Harbormaster	VHF 16	846-5815
Oldport Marine Launch	VHF 68	847-0100
Sail Newport Dock Off.	VHF 00	840-5385
US Coast Guard	VHF 16	846-3675



Attn. Sailors:
The Naval Facilities at Collingwood Cove have an Exclusionary Zone marked by white navigational aids. Vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.

2009-2012 South Bay Race Chart Buoy List

CHART NOT TO BE USED FOR NAVIGATION
* Special Place Marks are yellow cones marked with their corresponding number.

- J. Red "J" Gong - W. of Dennis Reef
 - K. Red "K" Whistle - S.W. of Dennis Reef
 - L. Green/Red "L" Gong - S.W. of Scaevola Point
 - O. Green "O" Gong - Kettle Bottom Rock
 - P. Red "P" Bell - Outer Reef Rock
 - Q. Green "Q" Gong - Fort Waterfall
 - R. Green "R" Gong - The Dangleage
 - S. Red "S" Bell - S.W. of Plover Island
 - T. Red "T" Gong - S.W. of Plover Island
 - V. Green "V" Gong - S.E. of Goat Island
 - W. Red "W" Gong - N.W. of Goat Island
 - X. Green "X" Gong - N.W. of Dangleage
 - Y. Green "Y" Gong - N.W. of Goat Island
 - Z. Special Place Mark - N.W. of Dangleage
 - 1. Special Place Mark - W. of Goat Island
 - 2. Red "2" Bell - E. of Fort Adams
 - 3. Special Place Mark - E. of Coonick YC
 - 4. Special Place Mark - N.W. of Narragansett Farms
 - 5. Green "5" Gong - S.E. of Plover Island
 - 6. Special Place Mark - N. of Goat Island
 - 7. Green "7" Gong - N.E. of Plover Island
 - 8. Red "8" Gong - S.W. of Coonick Harbor
 - 9. Green "9" Gong - S.W. of Coonick Harbor
 - 10. Green "10" Gong - S.W. of Coonick Harbor
 - 11. Green "11" Gong - S.W. of Coonick Harbor
 - 12. Green "12" Gong - S.W. of Coonick Harbor
 - 13. Green "13" Gong - S.W. of Coonick Harbor
 - 14. Green "14" Gong - S.W. of Coonick Harbor
 - 15. Green "15" Gong - S.W. of Coonick Harbor
 - 16. Green "16" Gong - S.W. of Coonick Harbor
 - 17. Green "17" Gong - S.W. of Coonick Harbor
 - 18. Green "18" Gong - S.W. of Coonick Harbor
 - 19. Green "19" Gong - S.W. of Coonick Harbor
 - 20. Green "20" Gong - S.W. of Coonick Harbor
 - 21. Green "21" Gong - S.W. of Coonick Harbor
 - 22. Red "22" Bell - N.E. of Coonick Point
 - 23. Green "23" Gong - N. of Coonick Point
 - 24. Red "24" Bell - N.W. of Coonick Point
- New York Yacht Club - Two yellow Buoyable Place Marks
16. 41° 52.000' N 071° 51.000' W
17. 41° 52.000' N 071° 52.000' W

Attn. Sailors:
A reminder to competitors that racing in Narragansett Bay is a Restricted Channel and sailing vessels do not have right of way over a vessel under power which may be restricted in her ability to maneuver. Boats are advised to monitor VHF 13 for commercial traffic.