



NYYC RACE WEEK AT NEWPORT

Presented by ROLEX

**IRC, PHRF, 12 Metres and Classic yachts;
Farr 40, Farr 395, Beneteau First 36.7, J/109, Melges 32, Swan 45 and J/105 classes**

**New York Yacht Club, Harbour Court, Newport, Rhode Island
July 14-23, 2006**

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 **Regatta Regulations:** The Regatta Regulations, including Amendments #1 and #2, will apply and are included in Appendix 3, as well as posted on the Race Week website at www.nyyc.org.
- 1.3 **Offshore Special Regulations:** Minimally all yachts shall comply with the 2006-2007 ISAF Offshore Special Regulations, Category 5 (posted at www.nyyc.org) and shall comply with their class rules, where applicable. Yachts that are not normally rigged with lifelines are exempt from Regulation 3.14. In the event of a conflict between these regulations and applicable class rules, the class rules shall apply. The US SAILING prescriptions to the Offshore Special Regulations shall apply except the requirement to wear personal flotation while starting and finishing.
- 1.4 The Protest Committee may impose suitable penalties, other than disqualification, for violations of the ISAF Offshore Special Regulations or other non-Part 2 rules. This changes RRS 64.1.
- 1.5 The 2006 IRC Rules and Regulations shall apply to yachts racing under IRC.
- 1.6 The 2006 PHRF-NB Regulations shall apply to yachts racing under PHRF.
- 1.7 The current relevant class rules shall apply to all yachts racing as a one-design class, except as noted in these sailing instructions.
- 1.8 Farr 40 & Farr 395 Classes only:
 - RRS 44.1 and 44.2 are changed so that, except for infringements of Part 2 that occur within two boat lengths of a rounding mark or finishing mark, only one turn, including one tack and one gybe, is required.
- 1.9 Farr 40 Class only:
 - The maximum amount of drinkable liquid aboard each yacht shall not exceed six liters per person per day.

2 ENTRIES

Eligible yachts shall enter by completing on-line registration with the Organizing Authority. Eligibility requirements for yachts and method of entry are detailed in the Notice of Race.

3 NOTICES, COMPETITOR INFORMATION AND SIGNALS MADE ASHORE

- 3.1 Notices, including race results, amendments and protest hearing schedules, will be posted on the Official Notice Board located in the courtyard of the Carriage House at Harbour Court. This information will also be posted on the Race Week website.
- 3.2 Flag signals will be flown from the flagpole yardarm at Harbour Court.

- 3.3 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Flag “Lima” will be flown to signify such posting.
- 3.4 When Pennant “AP” is displayed ashore, “one minute” is replaced with “not less than one hour” in Race Signal “AP”.
- 3.5 Signals designating the rendezvous locations will be displayed at 0900 each day on the western side of the yardarm at Harbour Court. The Race Committee will endeavor to announce the locations as described in Appendix 2 – Rendezvous Locations 2006 at that time over VHF Channel 72. The failure to make this announcement or for a yacht to hear this announcement will not be grounds for redress. This changes rule 62.1(a).
- 3.6 After the rendezvous locations and any other regatta announcements have been made, Race Committee Signal Boats will monitor and communicate with their respective fleets on the VHF channels published on the scratch sheet.

4 CLASSES AND IDENTIFICATION

- 4.1 The Organizing Authority will divide yachts into classes. Classes will be assigned a numeral designation and placed into fleets.
- 4.2 Each fleet will have a designated Racing Circle and VHF channel as described on the scratch sheet. The scratch sheets will be distributed at registration, posted on the Official Notice Board and posted on the NYYC website.
- 4.3 Each yacht shall display the numeral pennant corresponding to her class designation from her backstay, approximately six feet above the deck, from the warning signal of the first class in her fleet until she is no longer racing.
- 4.4 Each yacht, with the exception of the 12 Metres and Classic yachts, shall affix the Rolex bow stickers supplied by the Organizing Authority to each side of her bow. The forward edge of the bow stickers shall be within three feet of the bow and the top edge shall be approximately six inches below the gunwale.
- 4.5 Each yacht shall display the sponsor flag provided from her backstay below her class numeral pennant.

5 SCHEDULE OF RACES

- 5.1 Race Week will consist of three separate segments: the Handicap Series, the Around-the-Island Race, and the One-Design Series.
- 5.2 The Handicap Series for IRC, PHRF and 12 Metres will be sailed on Saturday through Tuesday, July 15-18. Classic yachts will compete on Saturday and Sunday, July 15-16, only. Course signals will be made at 1055 each day.
- 5.3 The Around-the-Island Race will be sailed on Wednesday, July 19. Course signals will be made at 0955.
- 5.4 The One-Design Series for the Farr 40, Farr 395, Beneteau First 36.7, J/109, Melges 32 and Swan 45 classes will be sailed on Thursday through Sunday, July 20-23. The J/105 class will sail a THREE-DAY series from Friday through Sunday, July 21-23. Course signals will be made each day at 1055.
- 5.5 It is the intent of the Race Committee to run up to four races a day.
- 5.6 No Course Signals shall be made after 1400 on Tuesday, July 18 and Sunday, July 23. This amends NOR 6.3.

6 RENDEZVOUS LOCATIONS

Fleet rendezvous locations are as described in Appendix 2 – Rendezvous Locations 2006 and will be designated as described in SI 3.5.

7 CHECK-IN AND RETIREMENT

- 7.1 Prior to the warning signal for the first race each day, all yachts shall check-in with the Race Committee Signal Boat by passing astern on Starboard Tack and announcing their sail number. The Race Committee will acknowledge by responding with the number heard.
- 7.2 Yachts retiring are requested to inform the Race Committee on their Fleet VHF channel or by calling (401) 845-9633.

8 COURSES FOR DROP MARK RACES

- 8.1 **Course Diagrams** - See Appendix 1 - Course Card 2006.
- 8.2 **Course “W”** is a Windward/Leeward course with a windward offset mark. A numeral pennant indicating the number of **LEGS** to be raced will be flown beneath Flag “W”. The distance between the windward mark and the offset mark shall not count as a leg for the purposes of indicating the number of legs.
- 8.3 **Course “O”** is a Triangle/Windward/Leeward/Windward course.
- 8.4 **Course “K”** is a Triangle/Windward/Leeward course.
- 8.5 The leeward mark for Courses “W”, “O”, and “K” will be an inflatable mark(s) set approximately 0.10 NM to windward of the starting line. When there is a gate, yachts shall sail between the gate marks from the direction of the previous mark and round either gate mark.
- 8.6 The bearing and distance to the first mark will be signaled using numeral pennants displayed on poles. The three pennants designating the magnetic bearing will be flown forward of the two pennants designating distance to the first mark.
- 8.7 Marks, including the windward offset mark, shall be rounded in order and left to port, except that a gate, when used, shall be rounded as described in SI 8.5.

9 MARKS FOR COURSES “W”, “O”, and “K”:

- 9.1 Marks will be 8’ inflatable tetrahedron buoys. Starting and finishing marks will be 5’ inflatable tetrahedron buoys of a different color from the rounding marks.
- 9.2 The color of the rounding marks for each class will be indicated on the scratch sheet.
- 9.3 Offset marks will be small cylindrical orange inflatable buoys.

10 COURSES FOR THE AROUND-THE-ISLAND RACE

- 10.1 The Race Committee will use VHF channel 72 for all classes in the Around-the-Island Race on Wednesday, July 19. All yachts should monitor this channel while racing for possible Race Committee communication.
- 10.2 Due to ongoing construction in the vicinity of the Jamestown-North Kingstown Bridge, no courses will go through the restricted channel under the bridge designated by DEM.
- 10.3 The flag(s) designating the course to be sailed will be flown five minutes prior to the first WARNING signal. If a class numeral pennant is flown beneath a different course flag, that class will sail the different course designated. The Race Committee will endeavor to hail the designated courses over VHF channel 72. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).
- 10.4 Special Mark “V”
- The Race Committee may add a new first mark to any course by displaying flag “V” above a Green or Red flag on a separate pole.
 - Mark “V” is to be rounded either to STARBOARD (Green flag below “V”), or to PORT (Red flag below “V”) as signaled.
 - The bearing and distance to Mark “V” will be displayed as described in SI 8.6.
 - Mark “V” will be an 8’ ORANGE tetrahedron buoy.
- 10.5 Special instruction for ALL Courses:
- R“12” off Rose Island in the East Passage shall be passed on its westerly side.
- 10.6 For the purposes of rule 32.2(c), the center span of the Newport Jamestown Bridge shall be considered a gate.

10.7 Course “J” –Conanicut Island

- RG “NR” Bell 650 yards SW of Beavertail Point to starboard
- Orange 8’ inflatable tetrahedron buoy located at 41° 31.00’ N, 071° 24.50’ W (approximately 0.8 NM south of the Jamestown-North Kingstown Bridge) to port
- RG “NR” Bell 650 yards SW of Beavertail Point to port
- Center span of the Newport Bridge
- Gould Island to port
- Center span of the Newport Bridge
- Finish off Fort Adams (see SI 14.2)

NOTE: G“11” and G“9” off the Dumplings are to be passed on their easterly side.

10.8 Course “G” – Around Prudence Island

- Center span of the Newport Bridge (only if starting south of the Bridge)
- R “8” Fl R 4 sec W of Northwest Point on Patience Island to starboard
- RG N 1100 yards N of Providence Point on Prudence Island to starboard
- G “1” Fl G 2.5 sec 0.9 NM SW of Hog Island to starboard
- Gate between G “25” and R “26” south of Sandy Pt on Prudence Island
- Center span of the Newport Bridge
- Finish off Fort Adams (see SI 14.2)

10.9 **Course “GR”** – if flag “R” is flown beneath flag “G”, the Around Prudence Island Race shall be sailed in the reverse direction, with the above rounding marks passed to port, finishing off Fort Adams.

11 THE START

11.1 Races will be started in accordance with rule 26, with classes starting at “5-minute” intervals.

11.2 The Warning Signal for the first class will be made five minutes after the Course Signals.

Sample sequence

1055	Course Signals
1100	Warning for first class
1101	Preparatory for first class
1105	Start for first class, Warning for second class
1106	Preparatory for second class
1110	Start for second class, Warning for third class
1111	Preparatory for third class
1115	Start for third class, etc.

11.3 The order of start for classes each day will be announced during the announcement at 0900 on VHF Channel 72.

11.4 The order of start for classes in the Around-the-Island Race on Wednesday, July 19, will also be posted no later than 1800 on Tuesday, July 18.

11.5 A yacht starting later than 20 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

11.6 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the port-end starting mark. The Race Committee may deploy astern a “Keep Off” buoy that shall be considered an integral part of the Race Committee Signal Boat.

11.7 Yachts whose warning signal has not been made shall keep clear of the starting area.

12 INDIVIDUAL RECALLS

The Race Committee will endeavor to hail each premature starter over their respective fleet VHF channel. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).

13 COURSE CHANGE

- 13.1 In addition to the requirements in rule 33, the Race Committee will attempt to announce any course change on their respective fleet VHF channel. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).
- 13.2 The new mark will be an inflatable tetrahedron buoy with a black band. For a subsequent change, the new mark will be an inflatable tetrahedron buoy without a black band.

14 THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the finishing mark.
- (a) For Course “W”, with an odd number of legs, and Course “O”, the finish line will be located approximately 0.1 NM to windward of the windward mark.
- (b) For Course “W”, with an even number of legs, and Course “K”, the finish line will be located approximately 0.1 NM to leeward of the leeward mark and the finishing mark will be on the opposite side of the Race Committee Signal Boat from the starting mark. See diagrams in Appendix 1 - Course Card 2006.
- 14.2 The finishing line for the Around-the-Island Race Courses will be between a staff displaying an orange flag on a Race Committee Boat and the finishing mark which will be an 8’ inflatable orange tetrahedron buoy. The finishing line will be located approximately 0.25 NM north of the Fl R 6 sec Horn “2” on the northern point of Fort Adams.
- 14.3 If a subsequent race is to be sailed, the finish line Race Committee Boat will fly Pennant “Second Substitute” with the Blue On-Station Signal at the finish. If a Class Flag is displayed below Pennant “Second Substitute” the subsequent race is for that division(s) only.
- 14.4 In fog at the finish, the Race Committee Boat may ring a bell rapidly, for approximately 5 seconds, at intervals. The same Race Committee Boat may or may not start and finish each race.

15 GOVERNMENT BUOYS

Except as noted in sailing instructions 10.5 and 10.8, government buoys have no required side except when specified as marks of the course. Caution should be exercised for safe navigation.

16 PENALTY SYSTEM

- 16.1 Except as specifically noted in SI 1.8 for the Farr 40 and Farr 395 classes, a yacht that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident either:
- (a) as provided in her class rules, or
- (b) by taking a Two-Turns Penalty in accordance with rule 44.2, or
- (c) by taking a Scoring Penalty in accordance with rule 44.3.
- This changes rule 44.1.
- 16.2 If rule 44.3, Scoring Penalty, is elected, the infringing yacht shall file a penalty flag acceptance form with the Jury Secretary at the Carriage House in addition to other requirements of rule 44.3. The penalty flag acceptance form must be filed within one hour after the Race Committee Signal Boat has docked. This changes rule 44.3(a).
- 16.3 A yacht that accepts a Scoring Penalty shall receive additional points equal to 20% of the entrants in that race (rounding 0.5 upward), but shall not have less than two places added to her actual finish position. This changes rule 44.3 (c).

17 TIME LIMIT

- 17.1 The time limit for Courses “W”, “O”, and “K” will be three hours for each race.

17.2 Yachts failing to finish Course “W”, “O”, or “K” within 30 minutes after the first yacht in her class sails the course and finishes will be scored Did Not Finish (DNF), except that she shall be scored points as described in SI 19.4. This changes rules 35 and A4.

17.3 For the Around-the-Island Race Courses, the time limit for each class will be 6 hours. Yachts failing to finish within the time limit will be scored Did Not Finish (DNF), except that she shall be scored points as described in SI 19.4. This changes rules 35 and A4.

18 PROTESTS AND REQUESTS FOR REDRESS

18.1 Intention to protest and the yacht being protested shall be signified to the Race Committee on the fleet VHF channel at the finish of a race until acknowledged by the Race Committee. This changes rule 61.1(a).

18.2 Written protests or requests for redress shall be submitted to Jury secretary in the Carriage House as soon as possible, but not later than one hour after the Race Committee Signal Boat for that fleet has docked. The time limit for filing a protest will be posted on the Official Notice Board.

18.3 Protest notices will be posted as soon as possible on the Official Notice Board.

18.4 Protest hearings will take place at the Carriage House as soon as possible after the notices are posted. The Jury will attempt to hear protests in the order of receipt. Representatives of yachts who are parties to a hearing shall remain on call in the vicinity of the protest rooms

18.5 When a yacht has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any yacht to appear when called for a hearing will be considered by the Jury as grounds for proceeding under rule 63.3(b).

18.6 Rule 63.5 is changed by adding, “A protest involving contact may be heard by the Protest Committee even though the requirements of rule 61.1(a) and 61.3 have not been fulfilled.”

18.7 Breaches of sailing instructions 4.3, 4.4, 4.5, 7, 11.4, 16.2, 21.1 and 21.2 will not be grounds for a protest by a yacht. This changes rule 60.1(a).

18.8 A violation of SI 21.2 will be considered “a gross breach of a *rule*” under rule 69.1(a) and may result in the yacht being scored DNE (Disqualification not excludable).

19 SCORING

19.1 Up to eleven races will be run in each of the Handicap Series and the One-Design Series.

19.2 A yacht’s series score will be the total of her race scores. This changes rule A2.

19.3 One race is required to be completed to constitute a series.

19.4 Yachts failing to finish within the time limit shall, without a hearing, be scored by the Race Committee with points equal to the number of yachts in her class that have sailed the course and finished within the time limit, plus two. This changes rule A4.1, A4.2, and A5.

20 PRIZES

20.1 Prizes for the winner of each race will be presented at the Awards Party at Harbour Court after each day of racing.

20.2 Overall prizes will be awarded to the winning yacht in each class. Second place prizes will be awarded for classes with five or more yachts; third place if eight or more; fourth place if fourteen or more; and fifth place if twenty or more.

20.3 Classes holding a class championship may present special class trophies.

20.4 Class prizes for each segment will be awarded at the respective Awards Party: Handicap Series on Tuesday, July 18; Around-the-Island Race on Wednesday, July 19; and One-Design Series on Sunday, July 23.

20.5 In addition, Rolex timepieces will be awarded to the following:

- (a) IRC – the yacht with the best performance in the opinion of the OA during the Handicap Series.

- (b) PHRF – the yacht with the best performance in the opinion of the OA during the Handicap Series.
 - (c) The overall winner in the Farr 40 North Americans, the J/109 North Americans and the Beneteau First 36.7 North Americans.
 - (d) One-Design – the yacht with the best performance in the opinion of the OA during the One-Design Series (any yacht shall only be awarded one Rolex timepiece).
- 20.6 The Carronade Trophy will be awarded to the yacht that in the opinion of the OA has the best overall performance in at least two of the three NYYC Race Week segments. This trophy will be presented at the NYYC Awards Dinner in New York City on Thursday, November 9, 2006.

21 NOTES

- 21.1 Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right-of-way over a vessel under power that may be restricted in her ability to maneuver. Only the Race Committee or Protest Committee may protest a yacht that breaches the Preamble of Part 2. This changes rule 60.1(a).
- 21.2 In the event there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base just to the north of the Newport Jamestown Bridge. Yachts shall not pass to the east of the line of white buoys marking the Newport Security Zone along the coast of the Naval Facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove. A Navy patrol boat monitors the area and vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.

21.3 Newport Tides

Day	Date	High Tide	Low Tide
Saturday	July 15	1201	1736
Sunday	July 16	1255	1842
Monday	July 17	1350	2013
Tuesday	July 18	1448	0745
Wednesday	July 19	1549	0846
Thursday	July 20	1653	0945
Friday	July 21	1755	1039
Saturday	July 22	1850	1129
Sunday	July 23	1938	1217

21.4 All times herein are Eastern Daylight times. Bearings are in degrees magnetic and are approximate. Distances used herein are expressed in nautical miles and are approximate.

21.5 For further information please contact: New York Yacht Club, Harbour Court
 5 Halidon Avenue
 Newport, RI 02840
 Tel: 401/845-9633, Fax: 401/846-3303
 Website: www.nyyc.org
 Email: sailingoffice@nyyc.org

NEW YORK YACHT CLUB RACE WEEK AT NEWPORT

Presented by



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